



FOREST PARK YOUTH SOCCER ASSOCIATION (FPYSA) RETURN TO PLAY GUIDELINE

During this COVID-19 pandemic we at FPYSA are working with the guidelines suggested by the IDPH and CDC to create the best standards for returning to play. The knowledge and circumstances around COVID-19 are changing constantly. Until COVID-19 is eradicated there is no way of eliminating the risk of infection. Additional guidelines may follow as the COVID-19 pandemic continues to evolve.

EXPECTATIONS

- If you are sick or feel sick, STAY HOME
- At risk individuals, youth or adult, STAY HOME
- Prior to each practice or game parents and player are to review COVID-19 Athlete/Coach Monitoring Form.
- Each player will have clearly marked area to place their equipment, and return to their designated area during breaks
- No one is to share water, towels, or any personal equipment. This includes, but not limited to:
 - Shin guards, Pinnies, tape, hairband, jersey/uniform
- Each player and coach should sanitize their own gear between each practice or game
- Sanitizing options to be available.
- Face coverings are required over nose and mouth when within 6-ft. of others.
- Spectators are limited to West side of field near fence and must maintain maximum social distancing
- Only the coach may handle FPYSA practice and game equipment such as ball bags, cones, disks and goals
- Soccer balls may be shared but should not be touched with the hands
- Follow FPYSA Code of Conduct, see document at fpysa.org



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RESPONSIBILITIES

COACH:

- Ensure the health and safety of the athletes
- Coaches will wear face coverings over nose and mouth when within 6-ft. of others
- Prior to each practice or game review COVID-19 Athlete/Coach Monitoring Form with parent and/or player
- Follow all state and local health protocols
- Ensure all athletes have their individual equipment (ball, water, bag etc.)
- No sharing of pinnies.
- Only the coach may handle FPYSA practice and game equipment such as ball bags, cones, disks and goals
- Always maintain social distance requirements from players based on state and local health requirements
- Have fun, stay positive – players and parents are looking to you to stay calm, supportive, and caring during this time

PARENT:

- Ensure child is healthy, check your child's temperature daily
- Limited or no carpooling
- Prior to leaving home for each practice or game check players temperature. If your child's temperature is 100.4°F or higher or your child has experienced COVID-19 symptoms or exposure, he or she will not be able to participate
- Prior to each practice or game coach will review COVID-19 Athlete/Coach Monitoring Form with you and player
- Face coverings are required over nose and mouth when within 6-ft. of others.
- Players clothing should be washed after every practice or game
- Sanitize players gear between each practice or game
- Notify FPYSA immediately if your child becomes ill for any reason
- Stay off soccer field of play unless requested to enter by coach or FPYSA board member.
- Be sure your child has necessary sanitizer with them at every practice or game.

PLAYER:

- Wash hands thoroughly before and after practice or game.
- Bring and use, hand sanitizer with you to every practice or game
- Bring soccer ball (must have name on ball), shin guards, water bottle for every practice or game
- Bring pinnie (supplied by FPYSA) every practice or game
- Wear face coverings over nose and mouth when within 6-ft. of others during all practices.
- Wear face coverings over nose and mouth before, during and after all games.
- Prior to each practice or game review COVID-19 Athlete/Coach Monitoring Form parent and coach
- Do not touch or share anyone else's equipment, water bottle or snack
- Practice social distancing, place personal equipment bags and water bottle at least 6 feet apart from others.
- Wash and sanitize all equipment before and after every practice or game
- No group celebrations, no high 5's, hugs, handshakes etc



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COVID-19 Athlete/Coach Monitoring Form

Name	Time	Circle Yes/No below										Temp (if higher than 100.3°F)
		Fever		Cough		Sore Throat		Shortness of Breath		Close contact, or cared for someone with COVID-19		
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	